



# ***SYSTEM of PLAY***

We would like MI Burn teams to play offensively, fast and flexible.

To achieve this, players must be soccer savvy and versatile. These are players who can adapt to several different systems of play and can take on diverse roles in various team formations. The formation is merely a platform, a reference point, for the players from which to play soccer. Every player and team is different, and though we recommend some systems of play, systems are not the focus, but rather the framework and can change based on individual players and team makeup.



# *System of Play*

## **PLAYING 4 v 4**



### **PLAYING THE 1-2-1 SYSTEM**

The system provides natural length, width and depth.  
Encourages players to take risks in 1v1 situations.  
Teaches basic roles for defense, midfield and attack.  
Encourages players to interchange roles.  
Teaches the importance of spacial awareness  
(make the field big in possession, make the field small when not in possession).



# *System of Play*

## **PLAYING 6 v 6**



**SYSTEM OF PLAY 2-1-2**

### **PLAYING THE 2-1-2 SYSTEM**

The system provides natural length, width and depth.

Naturally creates partnerships (defenders, forwards) and triangles (Defenders + center midfielder).

Teaches roles & responsibilities (1st defender & 2nd defender, 1st & 2nd attacker, center midfielder).

Develops center midfielders who can play under pressure.

Encourages defenders to join the attack.

The team will consist of:

- 1 Goalkeeper
- 2 Defenders
- 1 Center Midfielder
- 2 Forwards



# *System of Play*

## **PLAYING 8 v 8**



### **PLAYING THE 2-4-1 SYSTEM**

The system provides natural height, width and depth.  
Introduces wide play.  
Develops attacking wing-backs.  
Develops a target striker.  
Introduces the 'balance' principle of defending.  
Encourages mobility.

The team will consist of:

- 1 Goalkeeper
- 2 Defenders
- 2 Wing backs
- 2 Center Midfielders
- 1 Center Forward



# *System of Play*

## **PLAYING 11 v 11**



### **PLAYING THE 4-3-3 SYSTEM**

Encourages attack-minded soccer.  
Provides natural width in attack.  
3 target forwards as opposed to 2.  
High pressure on inferior opposition.  
Numerical advantage in center midfield.  
Forces teams who play a back 3 or a sweeper defensive system to adjust.

The team will consist of:

- 1 Goalkeeper
- 2 Center Defenders
- 2 Full Backs
- 3 Center Midfielders
- 2 Wide Forwards
- 1 Center Forward